# VANTUM™ GAMING CHAIR



Get the most out of your chair by fine-tuning its highly technical adjustment features so you can sit exactly how you want. Get situated at your gaming setup, sitting the way you usually do, and follow these steps to enjoy a healthier, more comfortable gaming experience.

#### 1. SEAT HEIGHT:

3. TILT LIMITER:

Knob below left side of seat

Lever next to tilt tension knob, right side of chair



### TO RAISE:

Take your weight off chair, lift tab up.

### TO LOWER:

While seated, lift lever up.

At the proper height, your feet should rest flat on the floor.

### 2. TILT TENSION:

Knob below right side of seat



Turn knob clockwise.



#### TO DECREASE TENSION:

TO INCREASE TENSION:

Turn knob counterclockwise.





#### TO ENGAGE:

Recline and move tab up to define the limit of recline.



# TO RELEASE:

Lean forward and flip tab fully downward.

Vantum Gaming Chair 1 Adjustment Guide

### 4. ARM HEIGHT:

Button underneath each arm



Top and side of each armpad



#### TO RAISE ARMS:

TO LOWER ARMS:

button to lock.

Grasp arms while pressing button on the underside of each armpad and pull up to desired position. Release button to lock.

Grasp arms while pressing button on

the underside of each armpad and lower to desired position. Release



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#### TO ADJUST ARM WIDTH:

Place two hands on one armpad to pull in or push out. Repeat with other armpad.



## TO ADJUST ARM DEPTH:

Grasp arm pad, push forward or back to desired position.

### 6. ADJUSTABLE SACRAL/LUMBAR SUPPORT:

Knob on right ot left side behind seat



Lever under left side of seat





# FOR A FLAT BACK, ROTATE FORWARD:

Turn the lumbar support adjustment knob clockwise to the full forward position or move it slightly back by turning knob counterclockwise.



# FOR A CURVED BACK, ROTATE BACKWARD

Turn the lumbar support adjustment counterclockwise to rotate the back rearward.





# TO INCREASE OR DECREASE DEPTH:

Lift your thigh weight from the front of the seat. Gently lift up the front handle on the right and of the seat to disengage the locking seat depth adjustment. Slide seat forward or back into proper depth for use; then release downward to lock the seat.



#### 7. HEADREST PAD ROTATION:





# TO INCREASE OR DECREASE HEIGHT:

Reach both hands around the back of your head and grab the headrest stalk. Pull the headrest upward to raise the height. Push the headrest downward to lower the height.





## TO ROTATE HEADREST PAD:

Reach both hands around the back of your head and grab the headrest pad. Rotate the pad upward or downward for desired head support.